

**Pacific Northwest Aesthetics Academy
Aesthetic Injectable Foundations Plus**

ACTIVITY OVERVIEW

In this four-day aesthetics course, led by experienced trainers, you'll get practical hands-on experience with aesthetic skin treatments, PRP/PRF, neuromodulator and dermal filler injections. Additional injection techniques and intermediate treatment areas with microcannula are included in this course. Upon completing the course, students are ready to begin a medical aesthetic career and work one-on-one with clients right away.

TARGET AUDIENCE

This activity is designed to meet the needs of physicians, physician assistants, nurses, nurse practitioners, naturopathic doctors, certified registered nurse anesthetists and dentists.

LEARNING OBJECTIVES

Skin Care Day 1

Upon completion of the educational activity, participants should be able to:

- Understand basic skin histology and Fitzpatrick skin typing.
- Identify skin conditions that may be treated with aesthetic procedures and develop a skin care treatment plan.
- Understand the difference between medical grade skin care products as opposed to over-the-counter products.
- Demonstrate hands on proficiency with microneedling, chemical peels, dermaplaning and IPL.

Aesthetic Injectable Foundations Days 2 & 3

Upon completion of the educational activity, participants should be able to:

- Develop an appropriate consultation and treatment plan for a patient requesting botulinum toxin A and HA/CaHA dermal filler treatment.
- Describe which areas of the face are most commonly, and most safely/effectively treated with botulinum toxin A and HA/CaHA dermal filler.
- Effectively demonstrate the basic technique for injecting botulinum toxin A and HA/CaHA dermal filler on live patients.
- Understand and identify risks and complications of injecting botulinum toxin A and HA/CaHA dermal filler and identify how to effectively/safely treat the patient.

Microcannula and PRP Training Day 4

Upon completion of the educational activity, participants should be able to:

- Understand the principles of using micro cannula for dermal fillers and how they can increase safety and efficacy when used for the administration of dermal fillers.
 - Understand the mechanism of action in the use of PRP/PRF in the aesthetic realm.
 - Understand the various systems used for platelet recovery and the similarities and differences between them.
 - Identify basic areas that can be effectively treated with PRP/PRF.
 - Demonstrate proficiency in preparing PRP/PRF.
 - Demonstrate facial and scalp injections with PRP/PRF preparations.
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CRITERIA FOR SUCCESS

Certificates of completion will be awarded based on the participant's attendance and submission of the activity evaluation/claim credit form at <http://akhinc.formstack.com/forms/plus2023>. You must participate in the entire activity to receive credit. If you have questions about this CE activity, please contact AKH Inc. at lritley@akhcme.com



Credit provided by AKH, Inc., Advancing Knowledge in Healthcare



JOINTLY ACCREDITED PROVIDER
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by AKH Inc., Advancing Knowledge in Healthcare and Pacific Northwest Aesthetics Academy. AKH Inc., Advancing Knowledge in Healthcare is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

AKH Inc., Advancing Knowledge in Healthcare designates this live activity for a maximum of 38.25 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurses

Credit being awarded: 38.25 ANCC contact hours



AAPA Credit Designation Statement

AKH Inc., Advancing Knowledge in Healthcare has been authorized by the American Academy of PAs (AAPA) to award AAPA Category 1 CME credit for activities planned in accordance with AAPA CME Criteria. This activity is designated for 38.25 AAPA Category 1 CME credits. PAs should only claim credit commensurate with the extent of their participation.



This activity has been planned and implemented in accordance with the Accreditation Standards of the American Association of Nurse Practitioners (AANP) through the joint providership of AKH Inc., Advancing Knowledge in Healthcare and Pacific Northwest Aesthetics Academy. AKH Inc., Advancing Knowledge in Healthcare is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 030803. This activity is approved for 38.25 contact hour(s) (which includes 0 hour(s) of pharmacology).



AKH Inc., Advancing Knowledge in Healthcare is an ADA CERP Recognized Provider. ADA CERP is a service of the American Dental Association to assist dental professionals in identifying quality providers of continuing dental education. ADA CERP does not approve or endorse individual courses or instructors, nor does it imply acceptance of credit hours by boards of dentistry. Concerns or complaints about a CE provider may be directed to the provider or to the Commission for Continuing Education Provider Recognition at ADA.org/CERP.

AKH Inc., Advancing Knowledge in Healthcare designates this activity for 38.25 continuing education credits.

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